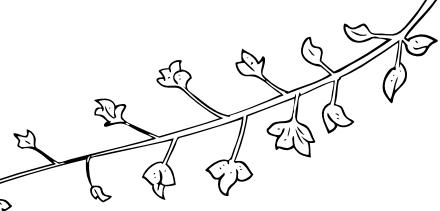


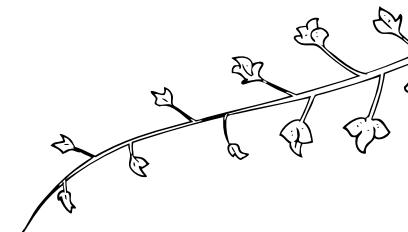


Smart Study
Planner



This Week at a Glance

Week of: _____ / _____ / _____



Top Priorities

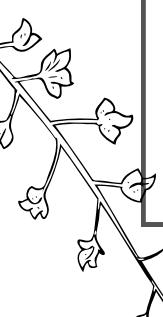
- 1.
- 2.
- 3.

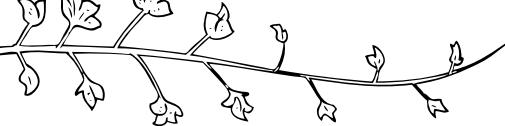
Upcoming Tests/Deadlines

-
-
-
-

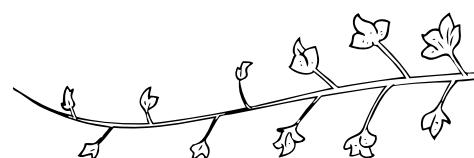
This week's goal: *I want to* _____

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
THURSDAY	FRIDAY	SATURDAY	





Daily Study Plan



Subject: _____

Subject: _____

Task: _____

Task: _____

Time Block: _____

Time Block: _____

Breaks: _____

Breaks: _____

Study method: _____

Study method: _____

Focus Level: 

Focus Level: 

Subject: _____

Subject: _____

Task: _____

Task: _____

Time Block: _____

Time Block: _____

Breaks: _____

Breaks: _____

Study method: _____

Study method: _____

Focus Level: 

Focus Level: 

Subject: _____

Subject: _____

Task: _____

Task: _____

Time Block: _____

Time Block: _____

Breaks: _____

Breaks: _____

Study method: _____

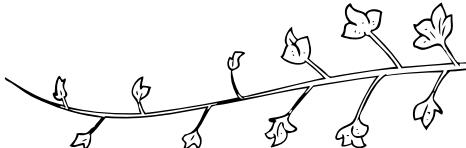
Study method: _____

Focus Level: 

Focus Level: 



Daily Study Plan



Subject: _____

Subject: _____

Task: _____

Task: _____

Time Block: _____

Time Block: _____

Breaks: _____

Breaks: _____

Study method: _____

Study method: _____

Focus Level: 

Focus Level: 

Subject: _____

Subject: _____

Task: _____

Task: _____

Time Block: _____

Time Block: _____

Breaks: _____

Breaks: _____

Study method: _____

Study method: _____

Focus Level: 

Focus Level: 

Subject: _____

Subject: _____

Task: _____

Task: _____

Time Block: _____

Time Block: _____

Breaks: _____

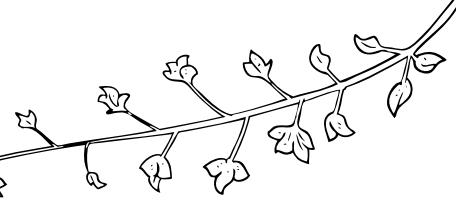
Breaks: _____

Study method: _____

Study method: _____

Focus Level: 

Focus Level: 



Mistake Review

Subject: _____

What I got wrong: _____

Why it was wrong: _____

Correct Understanding: _____

How I'll avoid it next time: _____

Subject: _____

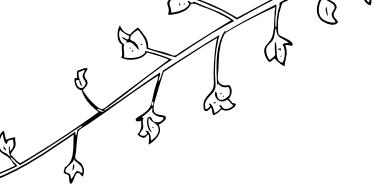
What I got wrong: _____

Why it was wrong: _____

Correct Understanding: _____

How I'll avoid it next time: _____





Mistake Review

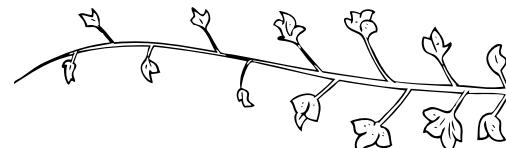
Subject: _____

What I got wrong: _____

Why it was wrong: _____

Correct Understanding: _____

How I'll avoid it next time: _____



Subject: _____

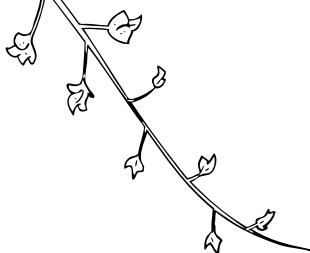
What I got wrong: _____

Why it was wrong: _____

Correct Understanding: _____

How I'll avoid it next time: _____





Mistake Review

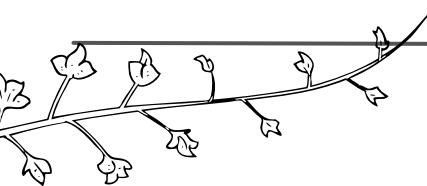
Subject: _____

What I got wrong: _____

Why it was wrong: _____

Correct Understanding: _____

How I'll avoid it next time: _____



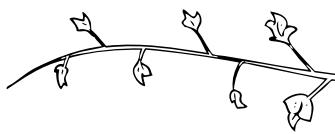
Subject: _____

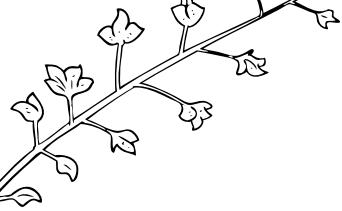
What I got wrong: _____

Why it was wrong: _____

Correct Understanding: _____

How I'll avoid it next time: _____





Weekly Reflection

What I did well:

-
-
-

What I need to improve:

-
-
-

What distracted me:

-
-
-

What helped me focus:



Forms of selfcare I used:

-
-
-

Reminders for next week:

-
-
-

NOTES:

